

Cicatricial Alopecia Patients Canada *(Official name pending)*

Meeting Minutes January 28, 2013

Present: Christine, Erynn, Reet, Linda, Renata, Monica, Theresa
Next meeting: Monday April 29, 2013 (location tbd)

Discussion

General:

- All members should fill out their info on the excel member chart so that we can field inquiries from potential members as they come in. (Each meeting attendee agreed to be available if Renata needs to forward people on with inquiries)
- Each member should put together a list of 10 (or so) questions and send them to Monica so that she can assemble a database of basic questions about CA (Example: Questions about drugs, symptoms, potential causes like, "How many people are on birth control like me and for how long?", "Does anyone have alopecia in their family?") in order to track and compare among the group
- The chair of the group should maintain contact with the rest of the members to check in between quarterly meetings

Next Meeting:

- Discuss group name and outstanding roles
- Next meeting will be Monday April 29, 2013, location TBD
- Meetings will be quarterly until we decide that timing should change

Name of the group:

- Suggestions include "CAPAC: Cicatricial Alopecia Patients Association of Canada", "CANCAP: CANadian Cicatricial Alopecia Patients"
- Open to more suggestions, will go to a vote at next meeting

Positions still open:

- Chair and Co-Chair positions still open

Product recommendations:

- Bumble and Bumble hair colour powder
- Genestra Iron or Feramax (Iron supplements recommended by a naturopath)
- Saw Palmetto (hair vitamin, DHT blocker)
- Rene Furterer (hair product program from Paris, recommended by Blossom Wigs)

Next Steps

Shirley: Investigate the cost and details to set up the website (by next meeting)

Erynn: Create a poster that can be placed in doctor's offices to inform new members about the group (after next meeting and name decision)

Monica: Assemble questions from members into a database (on-going)

Renata: Investigate what is involved to incorporate the group (for next meeting)

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